

GROWING CHILDREN, THRIVING CHILDREN

Raising 7 to 12 Year Olds With
Confidence and Awareness

LOU HARVEY-ZAHRA

Available rights: World

Size: 234 x 156 mm

Extent: 224 pages

ISBN: 978-178250-566-2

Format: paperback

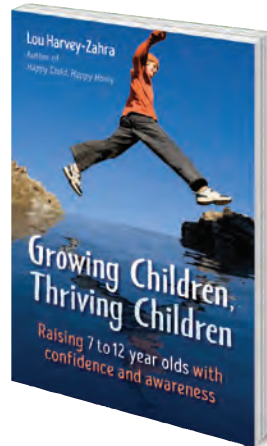
Price: £14.99

Subject: Parenting

Publication: April 2019

- One of the few parenting books to tackle the primary school years (from 7 to 12 years old)
- A long-awaited and insightful guide from experienced teacher, parenting coach and author Lou Harvey-Zahra
- Includes practical advice on discipline, child development, sibling issues, routines, strengthening family bonds and tackling tricky questions

Author: Lou Harvey-Zahra grew up and did her teacher training in England. She now lives in Melbourne, Australia, where she has taught in a number of different kindergartens, primary, special needs and Steiner-Waldorf school settings. She runs conscious parenting workshops and is the author of *Happy Child, Happy Home*; *Creative Discipline, Connected Family*; and *Through the Rainbow: A Waldorf Birthday Story for Children*.



GLOBAL HIVE

What The Bee Crisis Teaches Us
About Building a Sustainable World

HORST KORNBERGER

Available rights:

World ex French, German

Size: 234 x 156 mm

Extent: 204 pages

ISBN: 978-178250-569-3

Format: paperback

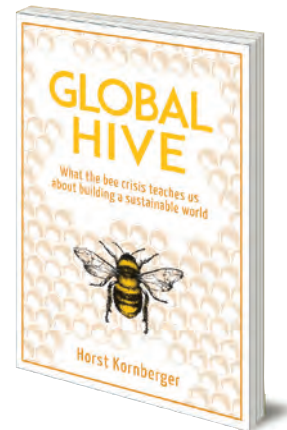
Price: £16.99

Subject: Environment and Sustainability

Publication: May 2019

- A thorough and compelling examination of the current bee crisis - a hot button ecological issue
- Kornberger explores how the work of Pythagoras, Galileo, Darwin, Einstein, Goethe and Rudolf Steiner relate to the conflict between one-sided science and a holistic approach
- Demonstrates how the worldwide threat of the bee crisis can become a global opportunity for building a better world

Author: Horst Kornberger was born in Austria in 1959. He is a poet, artist, writer and lecturer. He has taught at the Rudolf Steiner College in California and now lives in Western Australia. He is the founder of the School of Integral Art where he pioneers creative, biographical and story writing. He is the author of *The Power of Stories: Nurturing Children's Imagination and Consciousness*.



TREATING DEPRESSION NATURALLY

How Flower Essences
Can Help Rebalance Your Life

CHRIS PHILLIPS

Available rights: World

Size: 216 x 160 mm

Extent: 224 pages

ISBN: 978-178250-427-6

Format: paperback

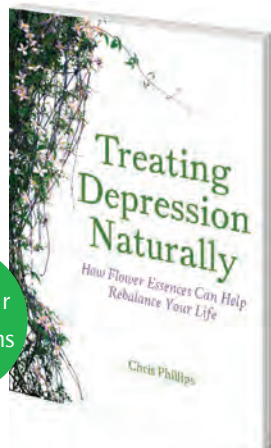
Price: £12.99

Subject: Holistic Health

Publication: 2017

- How to treat the unique symptoms of your depression naturally with flower essence remedies
- Suggests treatments for people experiencing anxiety, OCD, hormonal imbalance, SAD, insomnia, grief, low self-esteem and any combination of the symptoms
- Packed with insight, inspiration and real-life stories

Author: Chris Phillips is an experienced flower essence therapist who has worked both personally and professionally in this field for over thirty years. He is an advanced practitioner of the British Flower and Vibrational Essence Association (BFVEA), and specialises in providing tailored therapy to each person's unique needs.



Full-colour
Illustrations

LOST KNOWLEDGE OF THE IMAGINATION

GARY LACHMAN

Available rights: World

Size: 234 x 156 mm

Extent: 168 pages

ISBN: 978-178250-445-0

Format: paperback

Price: £20.00

Subject: Ancient Wisdom

Publication: 2017

- Argues that imagination has been sidelined in favour of science, and that the balance needs to be redressed
- Discusses the work of Owen Barfield, Henry Corbin, Kathleen Raine and others
- Proposes that imagination is a key way that we can engage with the reality of our fast-changing world

Author: Gary Lachman is the author of several books about the links between consciousness, culture, and the western esoteric tradition, including *Rudolf Steiner: An Introduction to His Life and Work*; *Jung the Mystic: The Esoteric Dimensions of Carl Jung's Life and Teachings*; *The Quest for Hermes Trismegistus*; and *A Secret History of Consciousness*. He is a regular contributor to newspaper columns and radio programmes. A founder member of the rock group Blondie, in 2006 he was inducted into the Rock and Roll Hall of Fame. He lives in London.



PARENTING IN THE HERE AND NOW

Realizing the Strengths You Already Have

LEA PAGE

Available rights: World ex Romanian

Size: 234 x 156 mm

Extent: 200 pages

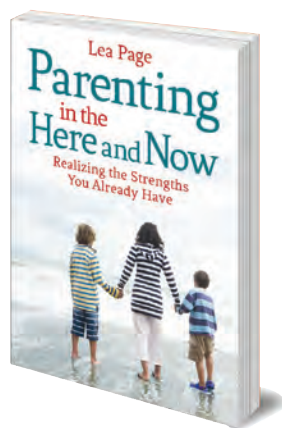
ISBN: 978-178250-164-0

Format: paperback

Price: £14.99

Subject: Parenting

Publication: 2015



- A practical parenting philosophy based on many years of experience
- Rather than telling parents to be more patient, creative, or insightful, this book draws on the strengths parents already have
- Demonstrates practical ways for parents to have calm authority, managing tantrums, whining, lying and disrespect

HAPPY CHILD, HAPPY HOME

Conscious Parenting and Creative Discipline

LOU HARVEY-ZAHRA

Available rights: World ex Chinese Simplified, Romanian, Turkish

Size: 234 x 156 mm

Extent: 224 pages

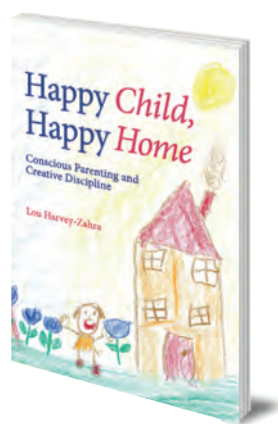
ISBN: 978-178250-055-1

Format: paperback

Price: £14.99

Subject: Parenting

Publication: 2014



- Written by an experienced parenting coach, teacher & parent
- Offers candid, relevant and funny tips and advice for improving parent-child relationships
- Inspired by a Steiner-Waldorf background

WHY GENES ARE NOT SELFISH AND PEOPLE ARE NICE

A Challenge to the Dangerous Ideas that Dominate our Lives

COLIN TUDGE

Available rights: World ex Spanish

Size: 234 x 156 mm

Extent: 296 pages

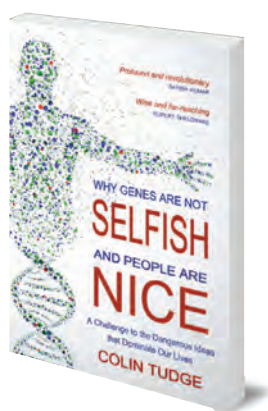
ISBN: 978-086315-963-3

Format: paperback

Price: £16.99

Subject: Philosophy

Publication: 2013



- Many popular ideas suggests that life creatures, including human beings, are driven by their selfish DNA
- This book argues that life is in fact cooperative; that human beings are basically nice and not selfish
- This is a powerful call to action to rethink our assumptions, and a message of hope for those who believe we're doomed to self-destruction

CALM KIDS

Help Children Relax with Mindful Activities

LORRAINE E. MURRAY

Available rights: World ex Romanian, Chinese Traditional/Simplified

Size: 234 x 156 mm

Extent: 160 pages

ISBN: 978-086315-862-9

Format: paperback

Price: £9.99

Subject: Parenting

Publication: 2012



- Inspirational and practical guidance on how to lead fun and peaceful relaxation sessions with children
- Good for children with behavioural and developmental disorders such as ADHD
- Provides a range of activities for all children, from toddlers to teenagers, for use in the home or classroom

CREATIVE DISCIPLINE, CONNECTED FAMILY

Transforming Tears, Tantrums and Troubles while Staying Close to Your Children

LOU HARVEY-ZAHRA

Available rights: World ex Romanian

Size: 234 x 156 mm

Extent: 272 pages

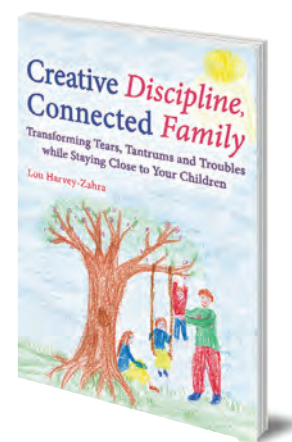
ISBN: 978-178250-213-5

Format: paperback

Price: £14.99

Subject: Parenting

Publication: 2015



- Can you discipline without punishing? How do you set limits while maintaining closeness and trust?
- Presents a unique creative discipline method and offers new perspectives on children's so-called 'bad' behaviour
- Tackles issues like fussy eating, constant interruptions, lying, anger and bereavement.

CHRISTIANITY AND THE ANCIENT MYSTERIES

Reflections on Rudolf Steiner's Christianity as Mystical Fact

CHARLES KOVACS

Available rights: World

Size: 216 x 138 mm

Extent: 184 pages

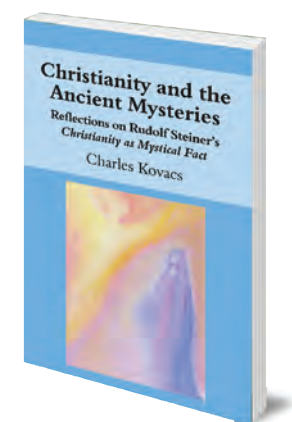
ISBN: 978-178250-447-4

Format: paperback

Price: £12.99

Subject: Christian Spirituality

Publication: 2017



- Explores Rudolf Steiner's work in depth
- Brings a deep knowledge of esoteric writings, mythology and Christianity to the subject
- Discusses ancient wisdom and its impact on Christianity

HEALING FOR BODY, SOUL AND SPIRIT

An Introduction to Anthroposophic Medicine

**DR MICHAEL EVANS
& IAIN RODGER**

Available rights: World ex Japanese, Spanish, Greek, Chinese Trad

Size: 216 x 138 mm

Extent: 208 pages

ISBN: 978-178250-410-8

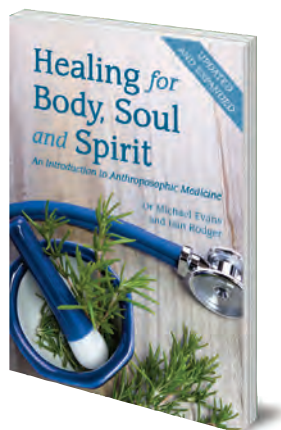
Format: paperback

Price: £16.99

Subject: Holistic Health

Publication: 2017

- Explains the principles and practices of anthroposophic medicine
- Helps to re-establish a healthy balance while reducing the use of conventional drugs
- By considering all aspects of a patient, anthroposophic doctors can often assist with cases where conventional medicine fails



COMPANION PLANTS

And How To Use Them

**HELEN PHILBRICK
& RICHARD GREGG**

Available rights: World ex Dutch

Size: 198 x 130 mm

Extent: 112 pages

ISBN: 978-178250-286-9

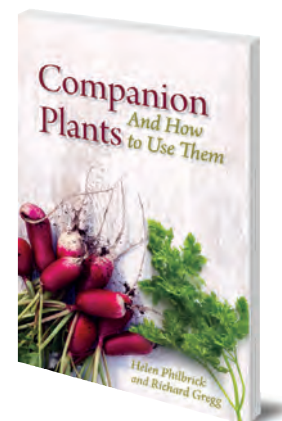
Format: paperback

Price: £8.99

Subject: Biodynamics

Publication: 2016

- A comprehensive and detailed A-Z reference of plants and how they affect each other and their surrounding environment, including the soil, insects and birds
- Explains the phenomenon by which particular plants thrive in the presence of certain species, and do poorly in the company of others
- Of great value to farmers and gardeners alike



WEEDS AND WHAT THEY TELL US

EHRENFRIED PFEIFFER

Available rights:

World ex Chinese Simplified, Chinese Traditional, Dutch

Size: 198 x 130 mm

Extent: 96 pages

ISBN: 978-086315-925-1

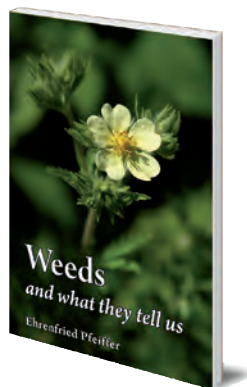
Format: paperback

Price: £7.99

Subject: Biodynamics

Publication: 2012

- This wonderful little book covers everything you need to know about the types of plants known as weeds, how they grow and what they can tell us about soil health
- Written by biodynamic pioneer Ehrenfried Pfeiffer
- One of the best overviews of the subject available



WHY CLEANING HAS MEANING

Bringing Wellbeing Into Your Home

LINDA THOMAS

Available rights:

World ex Chinese Traditional

Size: 234 x 156 mm

Extent: 232 pages

ISBN: 978-178250-050-6

Format: paperback

Price: £14.99

Subject: Mind, Body, Spirit

Publication: 2014

- Written for those for whom cleaning feels like a thankless chore
- By a woman who has decades of experience running her own ecological cleaning company
- Argues that if we understand the nature of cleaning, we might start to enjoy it



DRAMA AT THE HEART

Teaching Drama in Steiner-Waldorf Schools

NELL SMYTH

Available rights: World

Size: 234 x 156 mm

Extent: 240 pages

ISBN: 978-178250-269-2

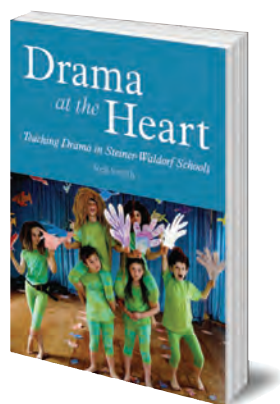
Format: paperback

Price: £14.99

Subject: Steiner-Waldorf Education

Publication: 2016

- An invaluable one-stop handbook for drama teachers in Steiner-Waldorf schools
- Guides readers through the challenges of teaching drama, starting from breathing exercises and ice-breaker games to finding the right play for your age group and all aspects of rehearsal and staging
- Includes sensible, down-to-earth advice and helpful tips drawn from the author's extensive experience



TAKING APPEARANCE SERIOUSLY

The Dynamic Way of Seeing in Goethe and European Thought

HENRI BORTOFT

Available rights: World ex French

Size: 234 x 156 mm

Extent: 240 pages

ISBN: 978-086315-927-5

Illustrations: b/w diagrams

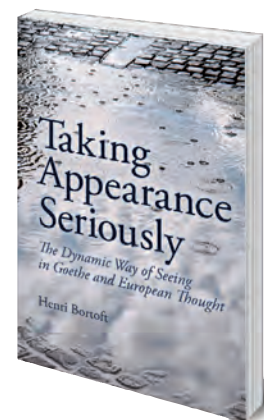
Format: paperback

Price: £20.00

Subject: Philosophy

Publication: 2012

- Explores a way of seeing that draws attention back from what is experienced, into the act of experiencing
- Discusses how twentieth-century European thinkers radically overturned the notion of dualism, placing importance on 'appearance'
- By renowned thinker and physicist Henri Bortoft, author of *The Wholeness of Nature*



AVAILABLE RIGHTS LIST

SCIENCE AND THE WORLD AROUND US

Archetypal Cosmos-Le Grice *(World ex French, Spanish)*
Caretakers of the Cosmos-Lachman *(World)*
Discovering Eris-Le Grice *(World)*
Embryogenesis in Myth and Science-Weihs *(World ex Italian)*
Flowforms-Wilkes *(World ex German, Italian, Japanese)*
Gardening as a Sacred Art-Naydler *(World ex German)*
Geometry in Nature-Blackwood *(World ex Chinese Simplified, Chinese Traditional)*
Global Hive-Kornberger *(World ex French, German)*
Goethe on Science-Naydler *(World)*
Grow Small, Think Beautiful-Harding *(World)*
Hearing our Calling-Coombs *(World)*
Holonomics-Robinson *(World)*
Hidden Geometry of Flowers-Critchlow *(World)*
Hidden Nature-Bartholomew *(World ex French, German, Japanese, Romanian)*
How Humanity Came Into Being-Lockley *(World)*
Illusion of Separation-Hutchins *(World)*
Inside the Cosmic Mind-Wyss *(World)*
Life As Energy-Pietak *(World ex Dutch)*
Lost in the Knowledge of the Imagination-Lachman *(World)*
Nature's Due-Goodwin *(World ex Italian)*
Projective Geometry-Edwards *(World)*
Radical Prince-Lorimer *(World ex Dutch, Spanish, French)*
Sky and Psyche-Campion & Curry *(World)*
Space and Counterspace-Thomas *(World)*
Stargazers' Almanac (annual)-Mizon *(World)*
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Taking Appearance Seriously-Bortoft *(World ex French)*
Time, Light and the Dice of Creation-Frances *(World)*
Understanding Water-Wilkens *(World ex Korean, German)*
Viktor Schauburger-Cobbald *(World ex Dutch, Romanian, Croatian)*
Vortex of Life-Edwards & Calderwood *(World ex German, Romanian)*
Why Cleaning Has Meaning-Thomas *(World ex Chinese Traditional)*
Why Genes Are Not Selfish and People Are Nice-Tudge *(World ex Spanish)*

MIND BODY SPIRIT & SELF-HELP

Ascent of Man-Merry *(World)*
Chartres-Strachan *(World)*
Crisis Points-Sleigh *(W ex Ger, French, Itali, Norweg, Swed, Span, Czech)*
Dream Song of Olaf Åsteson-Jordan *(World)*
Flaming Door-Merry *(World)*
Friends and Lovers-Sleigh *(World ex Spanish, Swedish, French, Romanian, German)*
Golden Age of Chartres-Querido *(World)*
Human Soul-König *(World ex Portuguese, Dutch, Spanish)*
Jesus the Master Builder-Strachan *(World ex Spanish, Italian)*
From Loneliness to Connection-Bittleston *(World ex German, Dutch, Swedish)*
Patterns of Eternity-Stewart *(World ex Dutch)*
Quest for Hermes Trismegistus-Lachman *(World ex Dutch)*
Quiet Heart-Gruenewald *(World ex German, Dutch, Norwegian)*
Rosslyn Treasury-Snow *(World)*
Symbols of Eternity-Stewart *(World)*
Though You Die-Drake *(World ex Dutch, Spanish)*
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HOLISTIC HEALTH

Healing for Body, Soul, Spirit *(World ex Japanese, Spanish, Greek, Chinese)*
Healthy Body, Healthy Brain-Lewis *(World)*
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Natural Birth-Turner *(World ex Spanish)*
Science and Art of Healing-Twentyman *(World ex Portuguese, Hungarian)*
Treating Depression Naturally-Phillips *(World)*

ORGANICS, BIODYNAMICS AND SUSTAINABLE LIVING

Biodynamic Farm-Osthaus *(World ex German, Chinese)*
Biodynamic Gardening for Health and Taste-Wright *(World ex Dutch)*
Biodynamic Orchard Book-Pfeiffer *(World)*
Companion Plants-Philbrick *(World ex Dutch)*
Food Full of Life-Bacchus *(World ex Chinese, Latvian)*
Koepf's Practical Biodynamics *(World)*
Living Kitchen-Harstein *(World ex Hungarian)*
Principles of Biodynamic Preparations-Klett *(World ex Portuguese, Chinese, Hungarian)*
Permaculture: A Student's Guide-Bang *(World)*
Pfeiffer's Introduction to Biodynamics-Pfeiffer *(World ex Chinese Traditional)*
Weeds and What They Tell Us-Pfeiffer *(World ex Chinese Simp, Chinese Trad, Dutch)*
What's So Special About Biodynamic Wine-Lepetit *(World ex French)*
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CHRISTIAN SPIRITUALITY AND BIBLE

Apocalypse in Rudolf Steiner's Lecture Series-Kovacs *(World ex Spanish, Portuguese)*
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Christianity and the Ancient Mysteries-Kovacs *(World)*
Easter-Merry *(World)*
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Incarnation-Ravetz *(World ex German)*
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Our Spiritual Companions-Bittleston *(W ex Japanese, Spanish, French, Italian)*
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Taco Bay-Ravetz *(World)*

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Hermann Gross-Jackson *(World)*
Making Geometry-Allen *(World)*
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Rudolf Steiner's Philosophy-Welburn *(World ex Portuguese)*
Secret Heresy of Hieronymus Bosch-Harris *(World ex German, Dutch, Russian)*
Shifty Lad and the Tales He Told-Snow *(World)*

EDUCATION

Builders of Camphill-Bock *(World)*
Children with Special Needs-Luxford *(World ex US, Dutch, Korean)*
Discovering Camphill-Jackson *(World)*
Drama at the Heart-Smyth *(World)*
Holistic Special Education-Jackson *(World ex Korean)*
Handbook for Steiner-Waldorf Class Teachers-Avison *(World ex Chinese Simp & Trad)*
Steiner Education in Theory and Practice-Childs *(World ex Japanese, Chinese)*
Waldorf Education-Clouder & Rawson *(World ex Korean, Spanish, Japanese)*

WALDORF TEACHER RESOURCES

Age of Discovery-Kovacs *(World ex Spanish, Portug, Hungarian, Chinese Simp)*
Age of Revolution-Kovacs *(World ex Spanish, Portuguese, Chinese Simplified)*
Ancient Greece-Kovacs *(World ex Sp, Portug, German, Hung, Hebrew, Chinese S)*
Ancient Rome-Kovacs *(World ex Spanish, Portuguese, Chinese Simplified)*
Arts and Crafts in Waldorf Schools-Martin *(World)*
Botany-Kovacs *(World ex Spanish, Portuguese, Chinese, Latvian)*
Geology and Astronomy-Kovacs *(World ex Spanish, Portuguese, Chinese, Italian, Russian)*
Human Being/Animal World-Kovacs *(World ex Spanish, Portug, Chinese S, Latv)*
Journey Through Time in Verse and Rhyme-Thomas *(World)*
The Legend of Parzival-Cook *(World)*
Mathematics in Nature, Space and Time *(World ex Korean, Spanish, Chinese Simpl, Ch Trad)*
Muscles and Bones-Kovacs *(World ex Spanish, Portuguese, Latvian)*
Parsifal-Kovacs *(World ex Spanish, Portuguese, Korean)*
Tasks and Content of the Steiner-Waldorf Curriculum *(World ex Chinese Traditional)*
Waldorf Song Book-Masters *(World)*

PARENTING AND CHILD DEVELOPMENT

Addictive Behaviour in Children and YA-Goldberg *(World ex Chinese Simp, Romanian)*
Autism-Woodward & Hogenboom *(World)*
Bedtime Storytelling-Lockie *(World ex Italian, Chinese Simp)*
Calm Kids-Murray *(World ex Chinese Traditional/Simplified, Romanian)*
Children's Creative Play-Neuschütz *(World ex Swedish, German, Chinese Simp, Korean, RO)*
Creative Discipline, Connected Family-Harvey-Zahra *(World ex Romanian)*
Growing Children, Thriving Children-Harvey-Zahra *(World)*
Happy Child, Happy Home-Harvey Zahra *(World ex Chinese Simplified, Turkish, Romanian)*
Parenting in the Here and Now-Page *(World ex Romanian)*
Power of Stories-Kornberger *(World ex Chinese, Spanish)*
Storytelling for Life-Felce *(World)*
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Green Fingers and Muddy Boots-Santer *(World)*