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Prices

Prices in this catalogue are valid in the UK only and apply from September 2025. They are subject to change without notice.

You can also buy a selection of Steiner-Waldorf education books from these UK & Irish retailers.

CONSCIOUS CRAFT (ONLINE ONLY) info@consciouscraft.uk www.consciouscraft.uk

ELMFIELD BOOKSHOP Love Lane, Stourbridge, DY8 2EA 01384-389183 elmfield@ulula.co.uk www.ulula.co.uk

EMERSON COLLEGE BOOKSHOP Forest Row, East Sussex, RH18 5JX 01342-822238 bookshop@emerson.org.uk www.emerson.org.uk

GARVALD MAKERS 356 Morningside Rd, Edinburgh, EH10 4QL 0131-516-2778 www.garvaldedinburgh.org.uk/shop

MYRIAD NATURAL TOYS (ONLINE ONLY) 01725-517085

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Cover image taken from
The Connected Family Handbook (see p.4)

We also distribute books from Waldorf Publications, Bell Pond Books, Waldorf Early Childhood Association of North America (WECAN), Orion and Lindisfarne Books from the USA as well as from Waldorf UK.













Dear Teachers, Parents and Carers,

Welcome to our 2025-2026 education catalogue!

Catching falling leaves, making jam from foraged berries, and long woodland walks. The Floris Books team is embracing the new season.

As the autumn school term gets underway, we bring you up to date with our latest books in this eighth edition of our education catalogue. Look out for links through to our blog where we share story extracts, activity ideas and exercises to try with your class or at home including:

- A mirroring exercise from Living Lines: Form Drawing Inspiration for Steiner-Waldorf Teachers by Henrik Thaulow
- The first chapter from The Wonderful Adventures of Nils: A Classic Swedish Children's Tale by Selma Lagerlöf and illustrated by Lars Klinting
- A magic forest game from Physical Education and Movement in Waldorf Schools edited by Gerlinde Idler and Lutz Gerding

We hope that these (and many other!) extra resources will help you to create inspiring and creative lessons.

If you have any questions about our books please get in touch with our Community Marketing Manager, Elaine Reid (floris@florisbooks.co.uk). We would be delighted to hear from you.

To place an order please contact us, visit our website at florisbooks.co.uk or order through your local bookshop.

Best wishes,

Katy Elaine

Katy Lockwood-Holmes, Elaine Reid & the Floris Team

Get in touch with Floris

If you have any comments, suggestions for future blog posts, or would like to share your ideas with other Steiner-Waldorf educators, parents and carers, please get in touch with us via our social media channels:













You can also read our blog on the Floris Books website, where we share articles, interviews and extracts from our Steiner-Waldorf books.

www.florisbooks.co.uk/blog

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All books in this catalogue are paperback, unless otherwise indicated.

Books also available as eBooks are marked with this symbol.



Our new and featured books are marked with this star.



CHILD DEVELOPMENT



The Care and Development of the Human Senses: Rudolf Steiner's Work on the Significance of the Senses in Education

WILLI AEPPLI

A presentation of Steiner's ideas on the nature of the twelve human senses as he saw them, and their role in education. $144pp \mid £9.99$

Children's Creative Play: How Simple Dolls and Toys Help Your Child Develop



KARIN NEUSCHÜTZ

Explores children's developmental stages up to age 7, and suggests suitable toys, dolls, games and activities to nurture and develop them. b/w illus | 120pp | £7.99

The Connected Family Handbook

LOU HARVEY-ZAHRA AND DANIELLE HARBISON

Offers practical advice and inspiring activities to encourage positive qualities in children and create a more connected family. A unique and beautiful handbook for carers of younger children based on a background of holistic child development.

Click to try an activity

Educating Traumatized Children: Waldorf Education in Crisis Intervention

BERND RUF

Reveals the work of international relief organisation Friends of Waldorf Education with children in war zones and disaster areas around the world.

28 b/w illus | 220pp | £20.00

The First Three Years of the Child: How Children Learn to Walk, Speak and Think

KARL KÖNIG

The classic exploration of the first three years of a child's life from Karl König, physician, anthroposophist and Camphill movement founder, offering valuable insights into early years' development.

192pp | £14.99

Free Movement from the Very Start: Volume 1: Self-Initiated Movement and Sensorimotor Development in the Growing Child

JANE SWAIN

Volume one of two exploring self-initiated movement in early childhood. Paediatric physical therapist Jane Swain considers its influence on motor development and the development of the four foundational senses.

b/w illus | 240pp | £15.99

Growing Children, Thriving Children: Raising 7 to 12 Year Olds With Confidence and Awareness



LOU HARVEY-ZAHRA

Parenting books often forget the primary school years (7–12 years old). Experienced teacher and parenting coach Lou Harvey-Zahra offers advice, practical tips and guidance to help carers face the challenges of these middle years with confidence.

Click to read an author interview

Helping Children Form Healthy Attachments: Building the Foundation for Strong Lifelong Relationships

LOÏS EIJGENRAAM

With practical tips and real-life examples from an experienced educator, this insightful book explores how the process of healthy attachment develops in young children (until 6 years old) and how carers and educators can help in this process.

120pp | £7.99

Helping Children on their Way: Educational Support for the Classroom

ELIZABETH AUER (ED)

A collection of articles for classroom teachers who need to give support to children with additional needs.

colour illus | 314pp | £42.50



CHILD DEVELOPMENT (CONTINUED)

Phases of Childhood: Growing in Body, Soul and Spirit

BERNARD C. J. LIEVEGOED

Argues that education must take into account body, soul and spirit in order for a child to develop into a happy, wise, skilled adult.

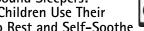
208pp | £16.99

A Practical Guide to Curative Education: The Ladder of the Seven Life Processes

ROBYN BROWN

Drawing on the ideas of Rudolf Steiner's pioneering Curative Education course, this book goes back to basics and examines the potential benefits of this unique approach in today's classrooms. 180pp | £14.99

Raising Sound Sleepers: Helping Children Use Their Senses to Rest and Self-Soothe



ADAM BLANNING

Help children of all ages learn how to sleep, self-soothe and feel calm - using their senses. An easy-to-absorb, holistic guide from doctor and child-development consultant Adam Blanning.

192pp | £12.99

Click to read an extract

Rubicon: Selections from the Works of Rudolf Steiner

MONICA RUEF (ED)

Addresses watershed moments between the ages of 7 and 12, including the classic 9-year-old 'Rubicon' transition.

188pp | £16.99



Rudolf Steiner's Observations on Adolescence: The Third Phase of **Human Development**

DAVID MITCHELL AND CHRISTOPHER CLOUDER (EDS)

A collection of Rudolf Steiner's writings on adolescence, from age 14 to 21.

176pp | £12.99

The Seven Life Processes: **Understanding and Supporting** Them in Home, Kindergarten and School

PHILIPP GELITZ AND **ALMUTH STREHLOW**

Identifies and explores the seven physiological life processes and how they relate to the healthy development of children.

b/w illus | 180pp | £20.00

Sleep on It!: Waking Up to the Importance of Sleep

BETTY STALEY (ED)

How does the quality of a pupil's sleep affect the way they learn in the classroom? These fascinating essays from esteemed voices in Steiner-Waldorf education explore key areas including rhythms and movement.

58pp | £16.99

Tending the Spark: Light the Future for Middle-school Students

RETTY STALEY

A powerful, insightful book that clearly explains the behaviour of pre-teens and offers parents and carers ideas on how to guide their child through these challenging years.

256pp | £20.00

Transitions in Childhood from Birth to 14 Years: Significance, Challenges and Consequences - The Tasks for Educators and **Teachers**

SUSAN HOWARD AND PHILIPP REUBKE (EDS)

An important collection of lectures from a 2015 conference at the Goetheanum looking at key educational questions. colour illus | 122pp | £14.99

Understanding Child Development: Steiner's Essential Principles for Waldorf Education

ANGELIKA WIEHL AND WOLFGANG-M AUER (EDS)

A useful volume that presents a selection of Rudolf Steiner's writings on childhood, alongside expert commentaries and essays.

234pp | £16.99



CHILD DEVELOPMENT (CONTINUED)



Understanding Deeper Developmental Needs: Holistic Approaches for Challenging Behaviors in Children

ADAM BLANNING

Examines a powerful way of looking at children's challenging behaviour and assessing suitable therapies.

524pp | £30.00

A Waldorf Guide to Children's Health: Illnesses, Symptoms, **Treatments and Therapies** MICHAELA GLÖCKLER AND

WOLFGANG GOEBEL

A definitive alternative guide to children's health and wellness that includes first aid, how to treat common complaints and illnesses, and advice on when to seek medical help. Based on the bestselling A Guide To Child Health.

248pp | £12.99

Click for cold and flu tips

Walking with Our Children: The Parent as Companion and Guide

NANCY BLANNING

Offers practical suggestions to help parents and carers of young children bring Waldorf ideas and practices into their home. Revised and expanded edition.

126pp | £13.99

Warmth: Nurturing Children's Health and Wellbeing



A unique and practical book on one of the key building blocks of life, essential for healthy child development.

120pp | £7.99

What is This Childhood?: Finding the Spirit of Early Childhood in Language and Creative Living with Our Families

CAROL TOOLE

ILLUSTRATED BY EVA HOISINGTON

Explores the changes in a young child's consciousness as they develop through their experience of language, revealing key insights to help parents and teachers preserve a child's wonder.

colour illus | 136pp | £18.95

Why Children Need Boundaries: How Clear Rules and Healthy Habits will Help your Children Thrive

LOÏS EIJGENRAAM

A practical and inspiring guide for parents with children of all ages. Explores the different types of boundaries children need at different stages.

112pp | £8.99

Click to read an extract

Why Don't Children Sit Still?: A Parent's Guide to Healthy Movement and Play in Child Development

EVELIEN VAN DORT

A practical and insightful book exploring the role of movement in child development, including spatial awareness, balance, coordination and telling right from left.

120pp | £7.99

Click to read an extract

Working with Anxious, Nervous and Depressed Children: A Spiritual Perspective to Guide Parents

HENNING KÖHLER

A lively, readable book that proposes a therapeutic approach for parents that draws on spritiual dimensions and beings such as angels.

144pp | £16.99

Young Children's Drawings as a Mirror of Development

CHRISTHILDE BLUME

A wonderful insight into a unique approach to understanding the development of individual children. Illustrated with over fifty drawings.

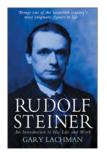




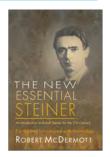
Recommended for parents and carers

Do parents ever ask you for more information on subjects related to Steiner-Waldorf education? While most of the books in this catalogue are for teachers, we also have a range of resources that might be helpful for parents and carers. We hope this selection will be a useful guide when seeking answers to FAQs!

Who was Rudolf Steiner?

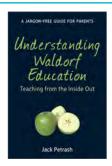


Rudolf Steiner: An Introduction to His Life and Work 280pp | £16.99



The New Essential Steiner 344pp | £30.00

What is Steiner-Waldorf education?

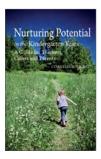


Understanding Waldorf Education 144pp | £9.99

What can I expect from Steiner-Waldorf kindergartens?

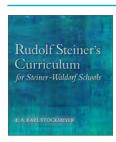


Trust and Wonder: A Waldorf Approach to Caring for Infants and Toddlers 124pp | £12.99



Nurturing Potential in the Kindergarten Years 256pp | £14.99

What subjects are taught in the curriculum?

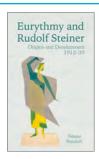


Rudolf Steiner's Curriculum for Steiner-Waldorf Schools 336pp | £30.00

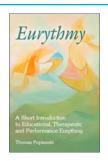


The Tasks and Content of the Steiner-Waldorf Curriculum 384pp | £25.00

What is eurythmy?



Eurythmy and Rudolf Steiner 212pp | £16.99



Eurythmy 128pp | £7.99

Where can I find advice about television and technology?



Walking With Our Children 126pp | £13.99

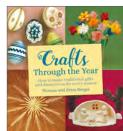


Addictive Behaviour in Children and Young Adults 288pp | £25.00

What role do festivals play?



Celebrating Festivals with Children 152pp | £14.99



Crafts Through the Year 176pp | £14.99

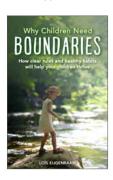
Can you suggest any books on parenting?



The Connected Family Handbook 224pp | £16.99



Raising Sound Sleepers 192pp | £12.99

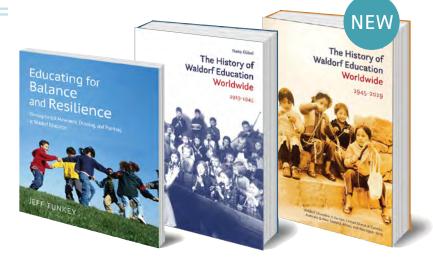


Why Children Need Boundaries 112pp | £8.99



Growing Children, Thriving Children 264pp | £14.99

GENERAL & CURRICULUM



Beyond Ecophobia: Reclaiming the Heart in Nature Education

DAVID SOBEL

A valuable resource for parents and teachers to help nurture children's relationship with nature.

72pp | £9.99

Educating for Balance and Resilience: Developmental Movement, Drawing, and Painting in Waldorf Education

JEFF TUNKEY

A compelling book for teachers that demonstrates that a focus on posture, spatial orientation and coordination is as important to healthy child development as academic content.

170pp | £20.00

Foundations of the Extra Lesson

JOEP EIKENBOOM

Eikonboom shares his findings from extensive research into Audrey McAllen's 'Extra Lesson' work, providing a valuable resource for Waldorf teachers, parents and specialists helping children with learning difficulties.

218pp | £30.00

A Handbook for Steiner-Waldorf Class Teachers

KEVIN AVISON

A useful and practical book for Steiner-Waldorf teachers with detailed suggestions and checklists.

144pp | Classes 1-8 | £16.99

The History of Waldorf Education Worldwide: Volume 1: 1919–1945

NANA GÖBEL

Traces the establishing years of the revolutionary schools movement. The first of two volumes celebrating 100 years of Waldorf education.

over 150 b/w illustrations | 400pp | £30.00

The History of Waldorf Education Worldwide: Volume 2: 1945–2019

NANA GÖBEL

Explores the development of Waldorf Education from the end of the Second World War to the present day. Richly illustrated with over 100 colour photos, this is an inspiring and uplifting account.

colour illus | 428pp | £35.00

Kicking Away the Ladder: The Philosophical Roots of Waldorf Education

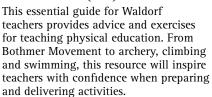
FREDERICK AMRINE

A wonderful book to understand the ideals and philosophy behind Waldorf education.

163pp | £17.99

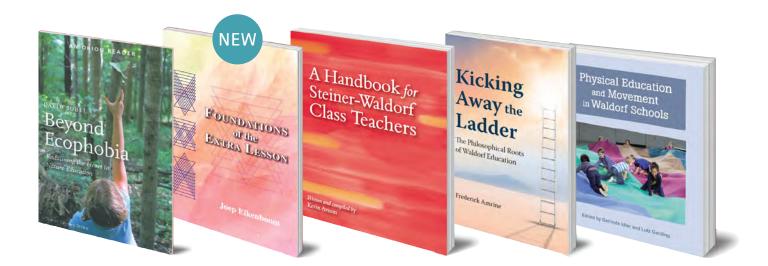
Physical Education and Movement in Waldorf Schools

GERLINDE IDLER AND LUTZ GERDING (EDS)



colour illus | 304pp | £25.00

Click for PE lesson inspiration



GENERAL & CURRICULUM (CONTINUED)



Place-Based Education: Connecting Classrooms and Communities

DAVID SOBEL

A comprehensive overview of the theory and current best practice of experiential, place-based education, which advocates learning in real-world settings.

156pp | £9.99

The Recovery of Man in Childhood: A Study of the Educational Work of Rudolf Steiner

A. C. HARWOOD

A classic and definitive presentation of Steiner-Waldorf education, still as fresh and insightful today as when it was first written.

206pp | £12.99

Rudolf Steiner's Curriculum for Steiner-Waldorf Schools: An Attempt to Summarise His Indications

E. A. KARL STOCKMEYER

An in-depth exploration of the curriculum of the first Waldorf school, expanding on the original 'Lehrplan'.

336pp | £30.00

Steiner Education in Theory and Practice

GILBERT J. CHILDS

A detailed account of Rudolf Steiner's view of children, and the role education must play in their successful development. 288pp | £16.99

The Tasks and Content of the Steiner-Waldorf Curriculum

KEVIN AVISON AND MARTYN RAWSON (EDS)

A comprehensive overview of what is taught in Steiner-Waldorf schools and why. An indispensable guide for all Steiner-Waldorf teachers.

384pp | £25.00

Towards Creative Teaching: Notes to an Evolving Curriculum for Steiner Waldorf Class Teachers

MARTYN RAWSON AND KEVIN AVISON (EDS)

A truly comprehensive resource for Steiner-Waldorf class teachers, offering ideas for planning, shaping and developing all main-lesson and accompanying subjects.

256pp | Classes 1-8 | £12.99

Understanding Waldorf Education: Teaching from the Inside Out

JACK PETRASH

A jargon-free picture of the key components of a Steiner-Waldorf education, ideal for parents and teachers. 144pp | £9.99



EARLY YEARS



Autumn and Winter Nature Activities for Waldorf Kindergartens

IRMGARD KUTSCH AND BRIGITTE WALDEN



A wonderful resource for any Waldorf or Waldorf-inspired kindergarten. Full of engaging and educational nature activities to help children connect with the seasons alongside valuable background reading and advice for educators.

colour illus | 120pp | Hardback | £16.99

Click to try an activity

Becoming and Belonging: Supporting the Healthy Social-Emotional Development of the Young Child HOLLY KOTEEN-SOULÉ (ED)

Respected voices in Waldorf education, including Nancy Blanning and Ruth Ker, explore how early childhood education can help prepare children for the social challenges of the future.

240pp | £16.99

Birth to Three in Education and Care: Rudolf Steiner, Emmi Pikler and the Very Young Child

HEATHER CHURCH (ED)

Enlightening essays to help teachers understand the development of young children, drawing on the teachings of Rudolf Steiner and Emmi Pikler.

30 b/w illus | 68pp | £15.99

The Child from Birth to Three in Waldorf Education and Child Care

RAINER PATZLAFF AND CLAUDIA MCKEEN (EDS)

A clear and succinct summary of the Waldorf view of child development from birth to three. This new edition includes a fresh introduction, new material and an updated list of helpful resources.

colour illus | 98pp | £18.99

Nokken: A Garden for Children: A Danish Approach to Waldorf-based Child Care

HELLE HECKMANN

Helle Heckmann describes a delightful Danish Waldorf childcare facility for children ages 1 to 7.

b/w illus | 116pp | £14.99

Nurturing Potential in the Kindergarten Years: A Guide for Teachers, Carers and Parents

CORNELIS BOOGERD

Helps parents and teachers understand children's learning processes, and provides practical ways to nurture them in the first seven years.

2 b/w diagrams | 256pp | £14.99

Pumpkin Soup and Cherry Bread: A Steiner-Waldorf Kindergarten Cookbook

RIKKE ROSENGREN AND NANA LYZET

Contains over eighty seasonal recipes – nutritious, delicious, vegetarian and 100% natural – along with a wealth of advice on encouraging children to enjoy healthy food.

colour illus | 168pp | £14.99

Click for a free recipe

Same Light, Many Candles: Working with Vulnerable Children and Mothers within Toxically Stressed Communities

CAROL COLE

The remarkable story of a project that helped to turn around the lives of over 100 mothers and children at risk of homelessness and abuse.

8 b/w illus | 144pp | £14.99

School Readiness Today: A Report from the Pedagogical Section of the Goetheanum

NANCY BLANNING

Offers valuable insights into discerning school readiness, with concrete examples. colour illus | 80pp | £11.99

Spring and Summer Nature Activities for Waldorf Kindergartens



IRMGARD KUTSCH AND BRIGITTE WALDEN

A wonderful resource for any Waldorf or Waldorf-inspired kindergartens. It is full of fun and educational nature activities to help children connect with the seasons, plus valuable background reading and advice for educators.

colour illus | 120pp | Hardback | £16.99

Click to try an activity

Supporting the Sense of Life: Nurturing well-being in young children and the adults who care for them

NANCY BLANNING (ED)

A collection of key lectures from the WECAN in conferences 2014-16 on how to help young children develop and how to support their caregivers.

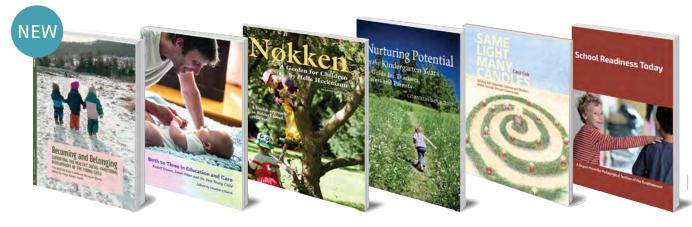
12 illus | 144pp | £14.99

Toward a Kinder, More Compassionate Society: Working Together Toward Change

SUSAN HOWARD (ED)

A collection of writings from a wealth of voices aimed at advancing knowledge of diversity, empathy and inclusion in Waldorf early childhood programs.

5 b/w illus | 170pp | £20.00



EARLY YEARS GENERAL (CONTINUED)



Trust and Wonder: A Waldorf Approach to Caring for Infants and Toddlers

ELDBJORG GJESSING PAULSEN

A kindergarten teacher shares her extensive experience of integrating children under 3 into a Waldorf kindergarten.

11 b/w photos | 124pp | £12.99

Work and Play in Early Childhood

FREYA JAFFKE

Shows how rhythm and repetition, together with example and imitation, are the pillars on which early learning in kindergarten is based.

colour illus | 80pp | £7.99

A Year in the Woods: Reflections on Leading an Outdoor Parent-and-Child Group

MARGARET MADELINE LOESCHER

A reflective, inspirational chronicle of a year spent leading an outdoor parent-and-child group in England.

b/w line drawings | 100pp | £14.99

You're Not The Boss of Me! Understanding the Six/Seven-Year-Old Transformation

RUTH KER (ED)

A multitude of resources and insights to help parents and teachers of 6- and 7-year-old children.

316pp | Spiral bound | Classes 1-2 | £25.00

MUSIC AND MOVEMENT

A Child's Seasonal Treasury

BETTY JONES

A compendium of seasonal songs, crafts and recipes for parents and teachers. colour illus | 140pp | £30.00

Dancing Hand, Trotting Pony: Hand Gesture Games, Songs and Movement Games for Children in Kindergarten and the Lower Grades

WILMA ELLERSIEK

A lovely collection of games for young children based on movement.

164pp | £22.50

Dancing Stories: A Collection of Stories for Circle Time with Young Children

WENDALYN VON MEYENFELDT

A collection of stories for young children that journey through the seasons of the year in movement and gestures.

15 b/w illus | 206pp | £20.00

A Day Full of Song: Companion CD KAREN LONSKY

An audio CD of 42 songs from the book *A Day Full of Song*, for use in kindergartens.

CD-Audio | £7.99 inc VAT

A Day Full of Song: Work Songs from a Waldorf Kindergarten

KAREN LONSKY

ILLUSTRATED BY VICTORIA SANDER Forty-two original songs in the mood of the fifth, created for a range of kindergarten activities. b/w illus | 64pp | £12.99

Gesture Games for Autumn and Winter: Hand Gesture, Song and Movement Games for Children in Kindergarten and the Lower Grades

WILMA ELLERSIEK

A second volume of Wilma Ellersiek's seasonal gesture games, fingerplays, and songs in the mood of the fifth.

b/w illus | 146pp | Spiral bound | £22.50

Gesture Games for Spring and Summer, Autumn and Winter: A Learning CD

WILMA ELLERSIEK

A learning CD of the songs from the two *Gesture Games* song books.

CD-Audio | £14.99 inc VAT

Gesture Games for Spring and Summer: Hand Gesture Games, Songs and Movement Games for Children in Kindergarten and the Lower Grades

WILMA ELLERSIEK

The first volume of Wilma Ellersiek's wonderful seasonal gesture games, fingerplays, and songs.

b/w illus | 110pp | Spiral bound | £22.50



EARLY YEARS (CONTINUED)

Giving Love, Bringing Joy: Hand Gesture Games and Lullabies in the Mood of the Fifth, for Children Between Birth and Nine

WILMA ELLERSIEK

Gentle, loving games and songs that incorporate the healing, enlivening qualities of gesture, touch and movement. b/w illus | 110pp | Spiral bound | £22.50

Gnomes and Giants, Pixies and Elves: Hand Gesture and Movement Games for Young Children

WILMA ELLERSIEK

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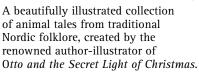
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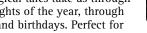
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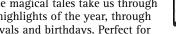
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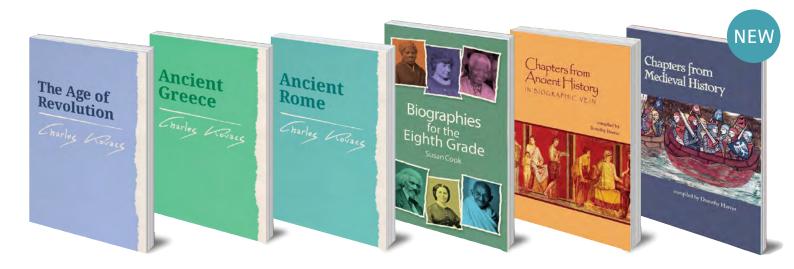
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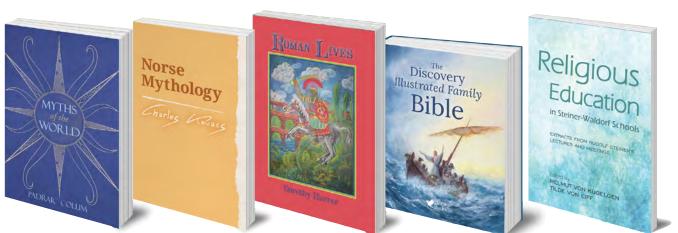
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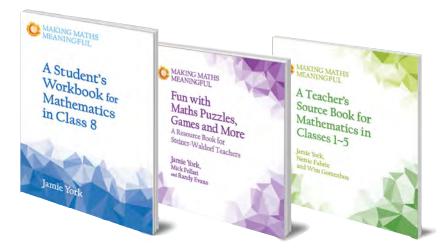
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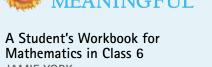
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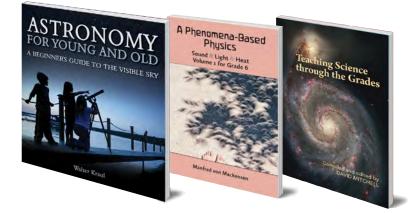
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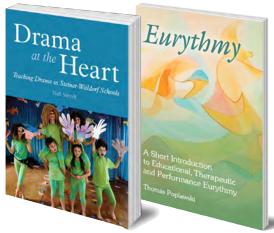
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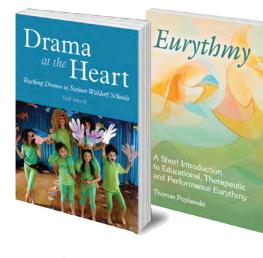
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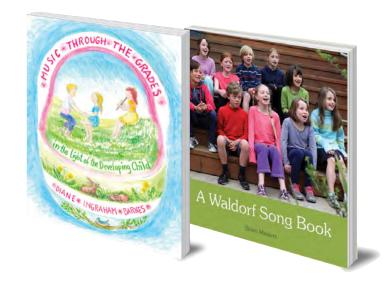
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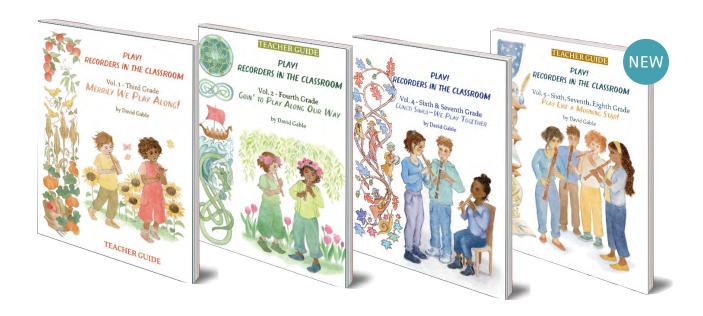
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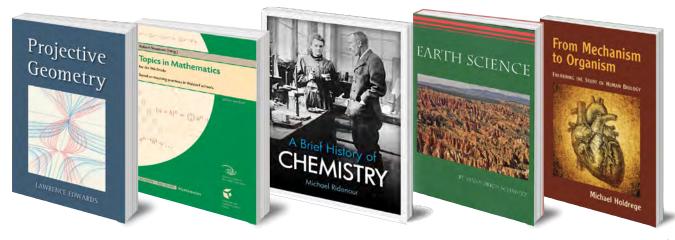
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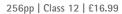
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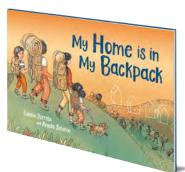


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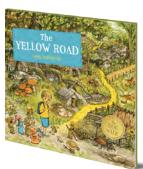
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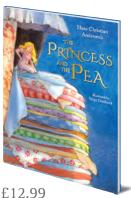
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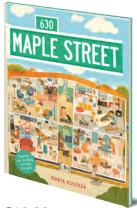
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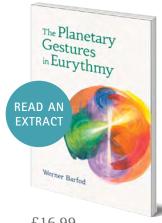
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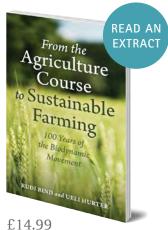
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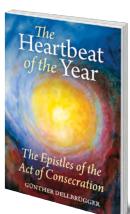
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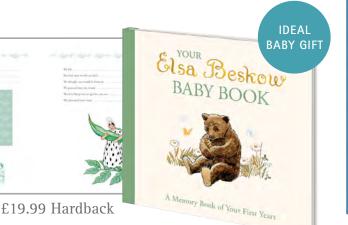


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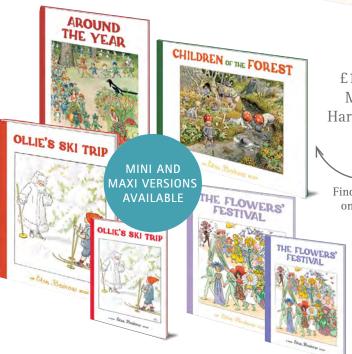
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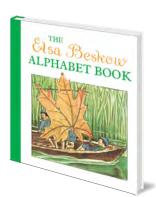




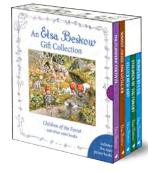
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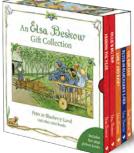
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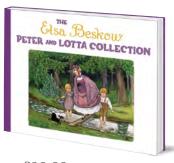
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